



Republic of the Philippines
Cordillera Administrative Region
Department of Education

SCHOOLS DIVISION OF BENGUET

Wangal, La Trinidad, Benguet
Telefax: (074) 422-6570; (074) 422-7501



February 10, 2015

DIVISION MEMORANDUM

No. **024** s. 2015
2015

To: Public Schools District Supervisors & Coordinating Principals
Elementary and Secondary School Heads

From: **FEDERICO P. MARTIN, Ed.D.**
Officer In-charge
Office of the Schools Division Superintendent

RIZALYN A. GUZNIAN
Public Schools District Supervisor
OIC-Asst. Schools Division Superintendent

Subject: **Training of Trainers for Selected MAPEH Teachers on the Utilization of the Revised Philippine Physical Fitness Tests and Performance Assessment**

1. Relative to the National Training conducted by DepED Central Office on the revisions made on the Philippine Physical Fitness Test and Performance Assessment for adoption in the implementation of PE Curriculum from Grades 4 to 10, Benguet Schools Division Office will conduct the same to selected PE teachers on **February 26-28, 2015** at the SDO Adivay Hall, BSC, and Benguet NHS-Main, Wangal, La Trinidad, Benguet.
2. Participants to the said training are the selected PE Teachers of Grades 4-10 per district who will become trainers in the District level training. Pls. see attached list of participants.
3. The training aims to train district trainers to facilitate the conduct of the same training to all the Grades 4-10 teachers in their district.
4. Participants to the training shall register at Division Office Hall at 7:45AM and come in their athletic attire (rubber shoes, Jogging pants, T-shirts). Each participant shall bring with them 2pcs of Chinese bamboos with a length 1.5m and 2.5 cm in diameter.
5. Two days Service Credit and Compensatory Overtime Credit shall be granted to all teachers and Non-teaching participants respectively.
6. Lunch and snacks of all participants and facilitators shall be served charged against SEF while travelling expenses maybe charged against available school/local funds subject to the usual accounting and auditing rules and regulations.
7. Immediate dissemination and compliance of all concerned is highly enjoined.

**Training of Trainers for MAPEH Teacher on the Utilization
of the Revised Physical Fitness Test and Performance Assessment**

February 26-28, 2015

LIST OF PARTICIPANTS

	District	Elementary		Secondary
1	Atok	Romualdo Tiden	48	Norwin Capio
2		Sebio Badival		Leo B. Ignacio
3		Gordencio Dino		
4	Bakun	Ronald Sacyat	49	Fidel Aguindang
5		Fidel Langbis	50	Pablo Baluda
6		Ronillon Pinmiliw		
7	Bokod	Febio D. Caleno	51	Arnel D. Cawaing
8		Roberto A. Pablo Jr.		
9		Eric M. Sumali		
10	Buguias	Jonathan Gayaso	52	Anthony P. Pecay
11		Annabelle Dayag	53	Josie B. Salbino
12		Jane Bao-idang	54	Wilma G. Gaspar
13		Romeo Dulnuan		
14	Itogon I	Kristopher B. Bulos		
15		William V. Sarape		
16		Rinan C. Bruno	55	Jensen Paul Martin
17	Itogon II	Ernesto Saculles	56	Jesse Lartec
18		Anthony Adawi	57	Garry Yangkin
19		Crisanto Amancio		
20	Kabayan	Nobres Meno	58	Leni Lou Willie
21		Elenor Modi		
22		Ray Atenan		
23	Kapangan	Edralyn Danio	59	Ursula Balao
24		Francis Manis	60	Kristy Venus Langato
25		Edwin Baltazar		
26	Kibungan	Antonio Jose P. Catacutan	61	Ruben Claudio
27		Joanne P. Baucas		
28		Maclin L. Dayao		
29	La Trinidad	Emerson Hadsan	62	Carlos Mama-o
30		Pawid Agwasil	63	Clifford Badival
31		Abelou Beray	64	Rocell Antero
32		Caroline Daus	65	Gana Wanson
33	Mankayan	John Pacio	66	Romell B. Lipas
34		Ryan Espinosa	67	Jason F. Bolislis
35		Flora Teliao	68	Laarni Locano
36		Eric Sabado		
37	Sablan	Ramsey Almacen	69	Romeo Amboy
38		Cristobal Dinamling		
39		Wilfred Buslay		
40	Tuba	Milbert Cocoy	70	Oliver G. Kiyawan
41		Oliver Cas-ing	71	George Apiit
42		Rodel Milo	72	Dolly T. Estalilla
43		Marlon Losnong	73	Mildred Suaking
44		Pet Ban B. Paran		
45	Tublay	Elaine E. Besitan	74	Julius Baliquied
46		Jerry B. Anton	75	Mary Grace Benito
47		Samel S. Dales		

Training of Trainers for Selected MAPEH Teachers on the Utilization of the Revised Philippine Physical Fitness Tests and Performance Assessment

Training Matrix

Time	DAY 1	DAY 2	DAY 3
7:45	Registration and Opening Program	MOL	
8:45	Overview: Revised PPFT Statement of Purpose and Orientation	PPFT: Lecture-demo B. Skills-Related Fitness 7-12	The Adult Learning Process- 4As
9:30	Test Protocol		Guide in writing SLEs
10:00	<i>Health Break</i>		
10:20	PPFT: Lecture - demo A. Health-related Fitness 1-6	PPFT Skills-Related: Return demonstration	Effective Presentation
12:00	<i>Lunch Break</i>		
1:15	PPFT Health-related: Return demo	Assessment	Action Planning Closure
4:00		Women in Sports	